### **GREENE COUNTY FAMILY & CHILDREN FIRST**

### **ACTIVE PARENTING CLASS SCHEDULE FOR 2023**

(Dates are subject to change due to holiday's or extenuating circumstances.)

\*Registration must be submitted at least one (1) week prior to the start date. Exact cash or check payment for class materials must be personally paid on week PRIOR to start of class at: 158 E. Main Street, Xenia, OH 45385.

For further questions contact: Melodee (Parenting Class Instructor) Phone: (937) 562-5600

## Active Parenting (children 0 to age 5)-2 HOURS IN-PERSON & ZOOM CLASSES:

"First Five Years" is a complete 4-week program that focuses on building a strong foundation between you and your child. It also offers practical techniques on how to encourage positive behavior, addresses choices and consequences, along with special instruction for preparing your child to begin school. Each session contains plenty of video reinforcement in order to bring key points to life, along with practical engagement workshops.

Who: Parents/guardians/anyone parenting a child

What: 4-week Parenting Classes (0-5 years)

Location: 158 E. Main Street, Xenia, Ohio 45385 & on ZOOM

Cost: \$18.00 (for cost of materials)

SCHEDULE 2023: Wednesday's -- February 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, and March 1<sup>st</sup> from 10:00am to 12:00noon.

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## Active Parenting (children ages 5 to 12)—2 HOURS IN PERSON & ZOOM:

These comprehensive 6-week classes are designed to help you raise happy, well-adjusted, and successful children. These interactive modules cover the basic fundamentals of parenting children ages 5 through 12 years.

Who: Parents/guardians/anyone parenting a child

What: 6-week Parenting Classes (5-12 years)

Location: Xenia Community Center, 1265 West 2<sup>nd</sup> Street, Xenia, Ohio 45385 & on ZOOM

Cost: \$25.00 (for cost of materials)

SCHEDULE 2023: Tuesday's -- February 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup>, March 7<sup>th</sup>, and 14<sup>th</sup> from 5:00pm to 7:00pm.

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# Active Parenting (Teenagers ages 13 – 18)—2 HOURS IN PERSON & ZOOM:

Successful communication between parents and teenagers is possible. These 6-week classes are specifically created to help parents/guardians learn effective communication skills and how to understand a teen's goals, which is key to avoiding power struggles. They also give you the tools to help your teen behave in a responsible way, and how to reduce the risks of teen years including alcohol, drugs, sexuality and violence.

Who: Parents/guardians/anyone parenting a teenager

What: 6-week Parenting Classes (13-18 years)

Location: 158 E. Main Street, Xenia, Ohio 45385 & on ZOOM

Cost: \$18.00 (for cost of materials)

SCHEDULE 2023 (Tentative): Monday's -- February 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, March 6<sup>th</sup>, 13<sup>th</sup> and 20<sup>th</sup> from 10:00am to 12:00noon.

For any questions and to register please call:

Melodee Bass or Christiana Hilderbrand at (937) 562-5600